

February 2025 Health Care Activity Calendar



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Location Keys

Auditorium/973	AUD/973
Card Room	CR
Chapel	C
HSB Penthouse	PH
Main St. Door	MSD
Movie Channel	973
Simms Center/Channel 971	SC/971
Tuckahoe Art Room	TUC

Activities are subject to change.

For Activity Questions, please contact
Clydie Einstein-Walsh
804-521-9265

If there is an activity that you are interested in, please let us know. We try to accommodate all requests to the best of our ability.

Heart Health Month
February 5-25

Recreation Therapy
Month!!

<p>Groundhog Day 2</p> <p>8:00 🐾 1:1 Visits throughout the day</p> <p>10:00 † St. Mary's Catholic Mass [SC/971]</p> <p>2:30 † Catholic Communion [C]</p> <p>4:00 † Vespers [SC/971]</p>	<p>8:00 🐾 1:1 Visits throughout the day 3</p> <p>9:30 † Community Prayer (971) [SC/971]</p> <p>10:00 ↔ Exercise Muscle Memory Stretch [PH]</p> <p>10:30 ❤️ Mindfulness Monday [PH]</p> <p>10:30 🎵 Music w/ Mary Stella [PH]</p> <p>1:00 🏠 Reading Visits 1:1</p> <p>2:00 ✂️ Nail Spa: 1:1 throughout day</p> <p>6:00 🎭 Evening Activities w/ Patti</p>	<p>8:00 🐾 1:1 Visits throughout the day 4</p> <p>9:30 † Community Prayer (971) [SC/971]</p> <p>10:00 ↔ Stress Relief Sensory Exercise [PH]</p> <p>10:30 🎧 Poetry w/ Stacey [PH]</p> <p>1:00 🐾 Scenic Drive [MSD]</p>	<p>8:00 🐾 1:1 Visits throughout the day 5</p> <p>9:30 † Community Prayer (971) [SC/971]</p> <p>10:00 ↔ Exercise Noodles and Dumbbells [PH]</p> <p>10:30 🏠 Spanish Lessons w/ Carmen [PH]</p> <p>2:00 🎵 Jammin' with Jillson [PH]</p> <p>3:30 ❤️ Music Therapy w/ Audrey (Group) [PH]</p> <p>6:00 🏠 Evening Activities w/ Patti [PH]</p>	<p>8:00 🐾 1:1 Visits throughout the day 6</p> <p>9:30 † Community Prayer (971) [SC/971]</p> <p>10:00 ↔ Mind and Body Exercise [PH]</p> <p>10:30 † Faith and Fellowship [PH]</p> <p>2:00 🎵 "Thursday Date with Movie Classics" [PH]</p> <p>7:00 🎵 Evening Movie: [973]</p>	<p>WEAR RED DAY 7</p> <p>8:00 🐾 1:1 Visits throughout the day</p> <p>9:30 † Community Prayer (971) [SC/971]</p> <p>10:00 ↔ Funday Friday Fitness [PH]</p> <p>10:30 🎵 BINGO [PH]</p> <p>2:00 🎵 Music w/ Squeeze play [SC/971]</p> <p>6:00 🏠 Activities w/Patti [PH]</p>	<p>8:00 🐾 1:1 Visits throughout the day 8</p> <p>2:00 🎵 Movie Matinee Black Narcissus (1947) [AUD/973]</p>
<p>8:00 🐾 1:1 Visits throughout the day 9</p> <p>10:00 † St. Mary's Catholic Mass [SC/971]</p> <p>2:30 † Catholic Communion [C]</p> <p>4:00 † Vespers [SC/971]</p> <p>6:00 🎵 Super Bowl Game on TV with Snacks [PH]</p>	<p>8:00 🐾 1:1 Visits throughout the day 10</p> <p>9:30 † Community Prayer (971) [SC/971]</p> <p>10:00 ↔ Exercise Muscle Memory Stretch [PH]</p> <p>10:30 ❤️ Mindfulness Monday [PH]</p> <p>1:00 🏠 Reading Visits 1:1</p> <p>2:00 ✂️ Nail Spa: 1:1 throughout day</p> <p>3:00 🏠 1:1 Music Therapy w/ Audrey</p> <p>6:00 🎭 Evening Activities w/ Patti</p> <p>7:00 🎵 Clarinet Choir [AUD/973]</p>	<p>8:00 🐾 1:1 Visits throughout the day 11</p> <p>9:30 † Community Prayer (971) [SC/971]</p> <p>10:00 ↔ Stress Relief Sensory Exercise [PH]</p> <p>10:30 🎭 Pet Therapy [PH]</p> <p>2:00 🎧 Sight and Sound Theatre: Daniel [SC/971]</p> <p>3:00 🎵 Winter Crafts w/ Carmen [PH]</p>	<p>8:00 🐾 1:1 Visits throughout the day 12</p> <p>9:30 † Community Prayer (971) [SC/971]</p> <p>10:00 ↔ Exercise Noodles and Dumbbells [PH]</p> <p>10:30 🏠 Spanish Lessons w/ Carmen [PH]</p> <p>2:00 🎨 Creative Creations [PH]</p> <p>6:00 🏠 Evening Activities w/ Patti [PH]</p>	<p>8:00 🐾 1:1 Visits throughout the day 13</p> <p>9:30 † Community Prayer (971) [SC/971]</p> <p>10:00 ↔ Mind and Body Exercise [PH]</p> <p>10:30 † Faith and Fellowship [PH]</p> <p>2:00 🎵 "Thursday Date with Movie Classics" [PH]</p> <p>7:00 🎵 Evening Movie: [973]</p>	<p>Valentine's Day 14</p> <p>8:00 🐾 1:1 Visits throughout the day</p> <p>9:30 † Community Prayer (971) [SC/971]</p> <p>10:00 ↔ Funday Friday Fitness [PH]</p> <p>10:30 🎵 BINGO [PH]</p> <p>2:00 🎵 Music w/ Joe Loschiavo [SC/971]</p> <p>6:00 🏠 Activities w/Patti [PH]</p>	<p>8:00 🐾 1:1 Visits throughout the day 15</p> <p>2:00 🎵 Movie Matinee: Friendly Persuasion (1956) [973]</p>
<p>8:00 🐾 1:1 Visits throughout the day 16</p> <p>10:00 † St. Mary's Catholic Mass [SC/971]</p> <p>2:30 † Catholic Communion [C]</p> <p>4:00 † Vespers [SC/971]</p>	<p>Presidents' Day 17</p> <p>8:00 🐾 1:1 Visits throughout the day</p> <p>9:30 † Community Prayer (971) [SC/971]</p> <p>10:00 ↔ Exercise Muscle Memory Stretch [PH]</p> <p>10:30 ❤️ Mindfulness Monday [PH]</p> <p>1:00 🏠 Reading Visits 1:1</p> <p>2:00 ✂️ Nail Spa: 1:1 throughout day</p> <p>6:00 🎭 Evening Activities w/ Patti</p> <p>7:00 🎵 Tam Trio [AUD/973]</p>	<p>8:00 🐾 1:1 Visits throughout the day 18</p> <p>9:30 † Community Prayer (971) [SC/971]</p> <p>10:00 ↔ Stress Relief Sensory Exercise [PH]</p> <p>10:30 🎧 Poetry w/ Stacey [PH]</p> <p>1:30 🐾 Scenic Drive [MSD]</p>	<p>8:00 🐾 1:1 Visits throughout the day 19</p> <p>9:30 † Community Prayer (971) [SC/971]</p> <p>10:00 ↔ Exercise Noodles and Dumbbells [PH]</p> <p>10:30 🏠 Spanish Lessons w/ Carmen [PH]</p> <p>1:30 🏠 Resident Council Meeting [PH]</p> <p>2:15 ❤️ Music w/ Mary Stella [PH]</p> <p>6:00 🏠 Evening Activities w/ Patti [PH]</p>	<p>8:00 🐾 1:1 Visits throughout the day 20</p> <p>9:30 † Community Prayer (971) [SC/971]</p> <p>10:00 ↔ Mind and Body Exercise [PH]</p> <p>10:30 † Faith and Fellowship [PH]</p> <p>2:00 🎵 "Thursday Date with Movie Classics" [PH]</p> <p>7:00 🎵 Evening Movie: [973]</p>	<p>8:00 🐾 1:1 Visits throughout the day 21</p> <p>9:30 † Community Prayer (971) [SC/971]</p> <p>10:00 ↔ Funday Friday Fitness [PH]</p> <p>10:30 🎵 BINGO [PH]</p> <p>10:30 🏠 When Was Creation [SC/971]</p> <p>2:00 🎵 Music w/ Damien and Kathy Muller [SC/971]</p> <p>6:00 🏠 Activities w/Patti [PH]</p>	<p>8:00 🐾 1:1 Visits throughout the day 22</p> <p>2:00 🎵 Movie Matinee: Room at the Top (1959) [CR]</p>
<p>8:00 🐾 1:1 Visits throughout the day 23</p> <p>10:00 † St. Mary's Catholic Mass [SC/971]</p> <p>2:30 † Catholic Communion [C]</p> <p>4:00 † Vespers [SC/971]</p>	<p>8:00 🐾 1:1 Visits throughout the day 24</p> <p>9:30 † Community Prayer (971) [SC/971]</p> <p>10:00 ↔ Exercise Muscle Memory Stretch [PH]</p> <p>10:30 ❤️ Mindfulness Monday [PH]</p> <p>1:00 🏠 Reading Visits 1:1</p> <p>2:00 ✂️ Nail Spa: 1:1 throughout day</p> <p>3:00 🏠 1:1 Music Therapy w/ Audrey</p> <p>6:00 🎭 Evening Activities w/ Patti</p> <p>7:00 🎵 Megan Slay on Piano [AUD/973]</p>	<p>8:00 🐾 1:1 Visits throughout the day 25</p> <p>9:30 † Community Prayer (971) [SC/971]</p> <p>10:00 ↔ Stress Relief Sensory Exercise [PH]</p> <p>10:30 🎨 Explore your Creativity w/ Jenni [PH]</p> <p>2:00 🎭 Celebrating Chocolate w/ Chocolate Tasting Party [PH]</p>	<p>8:00 🐾 1:1 Visits throughout the day 26</p> <p>9:30 † Community Prayer (971) [SC/971]</p> <p>10:00 ↔ Exercise Noodles and Dumbbells [PH]</p> <p>10:30 🏠 Spanish Lessons w/ Carmen [PH]</p> <p>12:00 🎵 Men's Lunch [TUC]</p> <p>2:00 🎨 Creative Creations [PH]</p> <p>6:00 🏠 Evening Activities w/ Patti [PH]</p>	<p>8:00 🐾 1:1 Visits throughout the day 27</p> <p>9:30 † Community Prayer (971) [SC/971]</p> <p>10:00 ↔ Mind and Body Exercise [PH]</p> <p>10:30 † Faith and Fellowship [PH]</p> <p>2:00 🎵 "Thursday Date with Movie Classics" [PH]</p> <p>7:00 🎵 Evening Movie: [973]</p>	<p>8:00 🐾 1:1 Visits throughout the day 28</p> <p>9:30 † Community Prayer (971) [SC/971]</p> <p>10:00 ↔ Funday Friday Fitness [PH]</p> <p>10:30 🎵 BINGO [PH]</p> <p>2:00 🎵 Music w/ Peggy Alee [SC/971]</p> <p>6:00 🏠 Activities w/Patti [PH]</p>	