February 2025 Assisted Living	Manday	Tuesday	Wednesday'	Thursday,	Friday	created with
Sunday LAKEWOOD Live the life you envision.	Monday	Activities last 30-60 minutes. Movies can last up to 2 hours. Activities are subject to change. Changes will be posted on daily flyers. Program Coordinator Tonya Ramage 804-521-9288	Location Keys Auditorium/973 AUD/973 Card Room CR Chapel C Main St. Door MSD Movie Channel 973 TV 973 Rose Building 1st Floor R1 Rose Building 2nd Floor R2 Rose Building 3rd Floor R3 Simms Center SC Simms Center/Channel 971 Tuckahoe Art Room TUC	"When it rains, look for rainbows. When it's dark, look for stars." — Unknown	Friday	Saturday 2:00 Matinee Movie: Black Narcissus (1947) [AUD/ 973]
10:00 St. Mary's Catholic Mass [SC/971] 2:30 Catholic Communion [C] 4:00 Vespers Prayer Service [SC/971]	9:30 ↑ Community Prayer [SC/971] 10:00 ↔ Chair Yoga with Mary Beth [R2] 11:15 🏖 Hymns & Harmony [R1]	9:30	9:30	9:30 ↑ Community Prayer [SC/971] 10:00 ► Exercise & Smoothies [R2] 11:00 ► Everyday Trivia [R2] 2:00 Scenic Bus Ride [MSD] 7:00 ☐ Evening Movie [TV 973]	9:30 ♣ Community Prayer [SC/971] 9:45 ♣ Chair Exercise [R3] 10:45 ♣ Bingo! [R3] 2:00 ♣ Music with Squeezeplay: Valentine Theme [SC/971]	2:00 A Matinee 8 Movie: Forty Guns (1957) [AUD/ 973]
10:00 \$\frac{*}{}\$ St. Mary's Qatholic Mass [SC/971] 2:30 \$\frac{*}{}\$ Catholic Communion [C] 4:00 \$\frac{*}{}\$ Vespers Prayer Service [SC/971] 6:00 \$\frac{*}{}\$ Super Bowl Game on TV with Snacks [R1]	9:00 ↑ Centering Prayer [C] 9:30 ↑ Community Prayer [SC/971] 10:00 ← Chair Yoga with Mary Beth [R2] 11:15	9:30 ↑ Community Prayer [SC/971] 10:00 ↔ Sit & Get Fit [R3] 11:00 ★ Hearts in Harmony with River Rd. Church Preschool [SC] 1:30 ♣ Bingo! [R3] 2:00 ♣ Sight & Sound Theater: Daniel [SC] 3:00 ♥ "Friendtine" Cards Craft with Jenny [R2]	9:30 ♣ Community Prayer [SC/971] 10:00 ♣ Gentle Aerobics [R1] 10:30 ♣ Brain Games [R1] 1:30 ♣ Nail Spa [R2] 3:00 ♣ Music with Mike Dailey, Richard Turochy & Friends [R2]	9:30 ↑ Community Prayer [SC/971] 9:30 ↑ Shopping Trip to Walmart [MSD] 10:00 ← Exercise & Smoothies [R2] 2:00 ↑ Cooking Demonstration with Chef Philip [R3] 2:00 ↑ Thomas Pandolfi Piano & Reception [AUD/973] 7:00 ► Evening Movie [TV 973]	9:30	2:00 A Matinee 15 Movie: Friendly Persuasion (1956) [AUD/ 973]
10:00 St. Mary's Catholic Mass [SC/971] 2:30 Catholic Communion [C] 4:00 Vespers Prayer Service [SC/971]	[SC/971] 10:00 ↔ Chair Yoga with Mary Beth	9:30	971]	971] 10:00 •• Exercise & Smoothies	9:30 ↑ Community Prayer [SC/971] 21 9:45	2:00 A Matinee 22 Movie: Room at the Top (1959) [CR]
10:00 St. Mary's Catholic Mass [SC/971] 2:30 Catholic Communion [C] 4:00 Vespers Prayer Service [SC/971]	9:00 ↑ Centering Prayer [C] 9:30 ↑ Community Prayer [SC/971] 10:00 ← Chair Yoga with Mary Beth [R2] 11:15	9:30 Community Prayer [SC/971] 10:00 Cool Hand Ukes Ukeleles [R3] 3:00 Resident Council Meeting [R3]	9:30	10:00 ← Exercise & Smoothies [R2]	9:30	